



Operating Instructions

1. Iron an ample coating of soft wax onto the ski base. Follow the wax manufacturer's guide line for iron heat settings. Do not scrape off wax.
2. Place ski, base side up, onto the rack system. Leave at least one inch (2 cm) between each ski for heat circulation. Snow boards should only be placed on the top two racks. If placed on the bottom rack they will impede proper heat circulation which could cause overheating near the heat source.
3. Set thermostat to 121 F (49.4 C.) Thermostat instructions are included. Do not set thermostat above 121 F (49.4 C.)*
4. Position the wired thermometer to hang near the center of the **Ski Sauna**. Plastic ties are provided.
5. Snap **Ski Sauna** closed and plug it into a standard AC outlet.
6. Check ski's each hour. Do not let any part of the base of the ski become dry, apply more wax if needed.
7. Skis should remain in the **Ski Sauna** for 2 to 4 hours.
A standard on/off timer can also be used by simply plugging the **Ski Sauna** into the timer, and the timer into the AC outlet.
Follow the timer manufacturer's instructions for timer use.
8. After the desired time has elapsed, remove and let skis cool and then follow the wax manufacturer's guideline for scrapping, brushing, and other final preparatory steps.
9. The appropriate race day wax can be used with normal ironing only procedures or in conjunction with the **Ski Sauna** treatment.

* *Temperatures above recommended level may result in damage to equipment. Ski Sauna, LLC and SportHill, Inc are not responsible for damages caused by improper use.*

Ski Sauna is a trademark of Ski Sauna, LLC and is distributed by SportHill, Inc.

*Designed and produced in the USA
725 McKinley Street, Eugene, Oregon 97402*

Contents include the insulated bag, aluminum rack and frame, thermostat with attached thermometer, plastic ties for thermometer wire, and patented heat source.



**For information call:
1-800-622-8444
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